

Captain Strength. Seniors Ethan Hoffman and Bowen Beaty led Enloe's 2016-2017 wrestling team. Ethan (top right) started wrestling his freshman year at Enloe. His initial reason for trying out was because of his three older brothers, whom all wrestled for Enloe. His first year was all about growing and strengthening his mental attitude. Throughout two tough years of let downs and contemplation, Ethan found his mojo and began his race to the top. Going from not even qualifying for regional championships his freshman and sophomore years, to then qualifying for the state championship was a major boost that built his confidence and endurance to keep on going. Bowen Beaty (bottom right) had a strong season with over twenty caps and eighteen wins. Bowen began wrestling his sophomore year when a fellow Enloe student expressed that he could contribute a strong impact to the team. Throughout his first year he was pushed hard by one of his coaches and he struggled with finding his desire to play anymore. But as he was pushed down he realized that it was making him stronger and every time he stepped out onto the mat he played even better than before. Bowen always says that the only two things you can control are how hard and often you practice, and your attitude. If your attitude is negative it will end up being your biggest downfall. As captains, Ethan and Bowen both work for building the team and motivating them. With the help of their coaches, they have created a strong team that hopes to dominate the Cap 8 in the coming years.



“You have to break yourself all the way down in order to build yourself back up even stronger than before.” - *Ethan Hoffman, 12*



Wrestling

Workout, Practice, Compete, Repeat.

By: Courtney Eash



This isn't the WWE, this is the real stuff! Enloe Wrestling is one for the books. The focus of this year's team is to build up the younger members' strength and the team is representing Enloe scholars well. With a team of mostly underclassmen, the team has had to recruit and improve all new members. This tactic focusing on strength has been successful in Enloe's history of sports and it can only go up from here. In the following years, Enloe wrestling will successfully change from being the underdogs to being the ones beating the underdogs.

Way of the game. A big part of wrestling is the competition. This part is what drives wrestlers everywhere to try their best and put in their all. Two year member of the team Ellis Kay, 10, says, "My team drives me to compete hard because we are like a family, and we always drive each other to do better." For most, wrestling is more of a mental sport rather than physical and this is the biggest overall test. Coaches Brown and Busch (below) add to the close knit atmosphere. Coach Brown always says, "If you go blank, remember two things... stay on your feet and knock the other wrestler over." With these two ideas, wrestlers can manage to pin their opponent while staying right side up.

